

## **Choral Rehearsal Lesson Plan**

### **Basic Information**

Kathleen Klosterman

High School Choir

Cooperating:

September 21, 2015 8:30 am

### **Prerequisite Knowledge and Skills for this rehearsal**

Solfege syllables and scales

Moving by half steps and whole steps

### **Behavioral Objective(s) (with correlated national standards indicated)**

At the conclusion of this lesson, students will be able to:

- Demonstrate proper singing technique (NS1)
- Demonstrate improved vowel production (NS1)
- Demonstrate blending and part-singing skills by singing scales (NS1)
- Demonstrate improved breath support (NS1)

### **Materials**

Piano

### **Procedures**

#### **0:00 Vocal Technique**

- Breathe in for four counts out for four; in for four counts out for eight; in for four counts out for 12; in for four counts out for sixteen. Make sure the breath comes from the abdomen and is completely supported with the rib cage. (get "fat" with air)
- Lip buzzing up and down in a siren form as low and as high as they can go: do 2 or 3 of these
- Tongue twister- Whether the weather be cold or whether the weather be hot, whatever the weather we'll weather the weather, whether we like it or not.
- Lu, 5-4-3-2-1 starting on E4/E3 moving down by half steps ending on B3/B2
- Thi-i-thi-e-thi-o. 1-3-1-5-3-8-5-3-1 starting on C3/C4 moving up by half steps to A3/A4

#### **0:06 Choral Technique**

- Sing scale up and down, starting on D4, not repeating do at the top
- Then, splitting into three sections, starting with part 1, then part 2, then part 3, sing in a round when the section sings re the next section begins, hold do once you get down to the bottom
- If time do it again.