

Choral Rehearsal Lesson Plan

Basic Information

Kathleen Klosterman

High School Choir, Grades 9-12

Cooperating:

September 21, 2015 7:30 am

Prerequisite Knowledge and Skills for this rehearsal

Solfege syllables and scales

Moving by half steps and whole steps

Behavioral Objective(s) (with correlated national standards indicated)

At the conclusion of this lesson, students will be able to:

- Demonstrate proper singing technique (NS1)
- Demonstrate improved vowel production (NS1)
- Demonstrate blending and part-singing skills by singing scales (NS1)
- Demonstrate improved breath support (NS1)

Materials

Piano

Procedures

0:00 Vocal Technique

- Breathe in for four counts out for four; in for four counts out for eight; in for four counts out for twelve; in for four counts out for sixteen. Make sure the breath comes from the abdomen and is completely supported with the rib cage. (get "fat" with air)
- Lip buzzing up and down in a siren form as low and as high as they can go: do 2 or 3 of these
- Tongue twister- Ninety-nine nuns interned at an Indiana nunnery
- Lu, 5-4-3-2-1 starting on F4/F3 moving down by half steps ending on B3/B2 continuing for those who can sing lower
- Ee-oo-ee-oo-ee 1-8-5-3-1 starting on C3/C4 moving up by half steps to A4/A5 moving arms with the motion of the sound-drop out when it gets too high

0:06 Choral Technique

- Sing scale up and down, starting on D4, not repeating do at the top, then sing the scale again, working on unifying vowels
- In the same key, sing a round, sopranos and tenors the first group and altos and basses the second group